**HOSA 101: The Basics of HOSA**

Information and activities that describe the purpose of HOSA and provides information on the basics of forming a HOSA chapter and running the meetings. Integrating HOSA into the classroom environment and using HOSA as an integral part of soft skill education, along with the various opportunities available through HOSA.

This workshop has two facets; one for the student members and one for the advisor.

1. Introductions and Ice Breakers
   1. Choose your own icebreaker
   2. Brief autobiography of the speaker and other state officers
2. Basic HOSA information
   1. Purpose/Mission
   2. Motto
   3. Colors
   4. Dues
   5. HOSA website
3. Leadership opportunities
   1. Chapter/State/National officer
   2. State Leadership Conference
   3. International Leadership Conference
   4. Office of the Surgeon General Internship
4. Chapter Basics
   1. HOSA Meetings
      1. How to conduct meetings
         1. Establish a time
         2. Determine if meetings are during class, after school, etc.
      2. Meeting script
      3. Program of work
      4. Chapter communication
      5. Local officer positions
   2. Membership Opportunities
      1. Community Service
         1. Discuss early initiative program/ “be the change” project: high school chapters go to elementary schools to do healthcare activities
         2. National Service Project
      2. SLC
         1. Discuss new recognition event: “HOSA Spotlight”
      3. ILC
      4. Scholarships (state and national)
      5. Encourage chapter to bring in speakers and visit healthcare facilities
5. Social media
   1. Alabama HOSA Social Media links
   2. Alabama HOSA website
6. Have the students conduct a mock meeting
7. Closing
   1. Question and Answer Session