# Introduction to HOSA – Part 1 Lesson Plan

### Student Learning Objective:

Instruction in this lesson should result in students achieving the following objectives:

1. Explain who can be a member of HOSA.
2. Identify what the membership dues are.
3. Describe the benefits of being an HOSA member.
4. Define leadership and identify opportunities for leadership with the HOSA organization.

### List of Resources:

Membership Video- <https://www.youtube.com/watch?v=EEGAEvkVvDw>

Videos of your choosing found at: [Video Resources](http://www.hosa.org/node/126)

[Chapter Advisor Resource Guide](http://hosa.org/node/612)

Human Scavenger Hunt (see attached sheets)

### List of Equipment, Tools, Supplies, and Facilities:

Writing surface

Projector

Computer

Copies of the Human Scavenger Hunt

### Terms:

The following terms are presented in this lesson (shown in bold italics): HOSA

Member Dues Benefits Leadership

### Introduction/Interest Approach:

Use an interest approach that will prepare students for the lesson.

Teachers often develop approaches for their unique class and student situations. A possible approach is included here.

Divide your class into three groups. Have each group define one of the following words/phrases: health science, leadership, competitive events. Explain that each of these words/phrases is included in the name of a student organization also known as HOSA. Show the membership video and any other video of your choosing from the video resources section on the National HOSA website.

Play Human Scavenger Hunt to introduce the class to HOSA. Give each student an answer card and a Scavenger Hunt Answer Sheet. Then have them move around the room to find the person with the answer to their questions.

The students should write the answers in correct box on each other’s paper.

### Summary of Content and Teaching Strategies:

Objective # 1

Explain who can be a member of HOSA. Anticipated Problem:

Define the term “member”. Who can be an HOSA member?

1. A ***member*** is a person who belongs to an organization or group.
   1. **HOSA** is an international career and technical student organization for young men and women in health science

education middle school, secondary (high school) or post-secondary

settings.

* 1. Membership is gained by paying an annual **dues** amount.
  2. Anyone interested in pursuing a health care career is eligible for membership.
  3. HOSA has a national membership of over *249,113* young men and women in nearly *5,200* chapters. There are 52 state. territory, & country-chartered associations including China and Canada.

Objective # 2

Identify what the membership dues are. Anticipated Problem:

How much are membership dues? When do I need to pay them? Who do a pay them to?

1. **Dues** are a fee or charge for membership in an organization or club.
   1. Students pay dues each year to be a member of an HOSA chapter.
   2. Dues are currently $10.00 for national membership and $10.00 for state membership for a total of $20.00.
   3. Each teacher/school determines when the student’s membership dues will be collected. Membership deadlines are based on competitive event registration especially.
   4. Each teacher/school determines who will collect the dues for their school/chapter.
   5. Each dues paying member receives the opportunity to participate in all national and state sponsored competitions and meetings.

Objective # 3

Describe the benefits of being a HOSA member. Anticipated Problem:

What are the benefits of being a member of HOSA?

1. A **benefit** is an advantage.
   1. HOSA offers members the following benefits:
      1. Make new friends

With chapters all over the world, you are part of an international network of young people.

* + 1. Career preparation

Through the competitive events and national programs that focus on careers, members can prepare themselves for their future career.

* + 1. Travel opportunities

Students have the opportunity to travel within their state and across the country to various workshops and meetings.

* + 1. Learn how to plan and carry out projects & goals Setting goals and carrying out projects are part of what HOSA is all about. From Community Service

projects to the competitive events, members set goals and then work hard to achieve them.

* + 1. Personal growth and enhanced self esteem

Individuals see personal growth and have better self- esteem through helping others. HOSA Community Service projects not only help the community, they help the individuals who carry them out.

* + 1. Positive contact between youth and adults

Although HOSA is a youth-led organization, students have the privilege of working with adults in their schools and communities.

* + 1. Gain public speaking skills

Whether it is through a HOSA prepared speaking competitive event or through communicating with people in a community to carry out a service project, students improve their communication skills.

* + 1. Scholarship awards

There are many HOSA scholarship awards available. Check out the state and national websites for details.

* + 1. Leadership experience
  1. Each member determines which benefits that they want to take advantage of.

Objective # 4

Define leadership and identify opportunities for leadership with the HOSA organization.

Anticipated Problem:

What is leadership? What leadership opportunities does HOSA offer?

1. **Leadership** is the position or function of a leader. It is the ability to guide or direct others.
   1. HOSA members can experience leadership by participating in in projects that their chapters conduct.
      1. Committee chairpersons or team leaders are often used to carry out community service projects or fund-raising activities.
      2. Committee or team members can offer personal ideas and contribute to group projects.
   2. Students may also hold leadership offices.
      1. Chapter officers are elected by the members from that school. The number of chapter officers is determined by the local group.
      2. Eight national officers (students) are elected by the voting delegates at the annual National Leadership Conference.
   3. HOSA Leaders should:
      1. have a positive attitude.
      2. work closely with everyone in the chapter to achieve their goals.
      3. respect the opinions of others.
      4. stay informed about what is going on within the organization.

**Review/Summary.**

Use the student learning objectives as the basis for review and summary. Have students explain the content associated with each objective. Use their responses in determining which objectives and concepts need to be re- taught.

## Application.

Use the human scavenger hunt and the membership videos to apply the information presented in the lesson.

## Evaluation.

Evaluation should be based on student comprehension of the learning objectives. This can occur during instruction, review, or later as students apply the information. The attached sample written test can also be used.

Answers to Sample Test Part One: Matching

1. b
2. c
3. a
4. d

Part Two: Completion 1. $10.00

2. 249,000

3. $10.00

Part Three: Short Answer

1. Anyone interested in a healthcare career
2. The opportunity to participate in all national and state activities
3. Any four of the following nine can be listed:
   1. make new friends
   2. career preparation
   3. travel opportunities
   4. learn how to plan and carry out projects & goals
   5. personal growth and enhanced self-esteem
   6. positive contact between youth and adults
   7. gain public speaking skills
   8. scholarship awards
   9. leadership experience

## Acknowledgements.

Introduction lesson plans were originally developed by Marta Lockwood, Illinois FCCLA State Adviser.

Name:

Test

Introduction to HOSA – Part 1

Part One: Matching

*Instructions:* Match the term with the correct definition.

* + 1. member
    2. benefits
    3. leadership
    4. dues

1. an advantage or something you receive for being a member.
2. the ability to guide or direct others.
3. a person who belongs to an organization or group.
4. a fee or charge for membership in an organization or club.

Part Two: Completion

*Instructions:* Complete the following statements.

1. The national HOSA dues are $ .
2. HOSA has more than \_ members nationwide.
3. State HOSA dues are $ .

Part Three: Short Answer

*Instructions.* Answer the following questions.

1. Explain who can be a member of HOSA.
2. Identify something that you receive for paying your HOSA dues.
3. List four benefits that HOSA members receive.

HOSA Human Scavenger Hunt

Cut the squares below apart and give each student an answer card. They will then write their answer in the appropriate box on each scavenger hunt paper as their classmate’s approach them.

|  |  |  |
| --- | --- | --- |
| HOSA | National HOSA Dues are:  $10.00 | Alabama State HOSA Dues are:  $10.00 |
| HOSA has over 249,000 members nationwide. | 52 state. territory, & country-chartered associations including China and Canada | The national HOSA magazine is called HOSA E- magazine. |
| There are almost 5200 HOSA  chapters globally | There are 8 members of the HOSA  Executive Council | Dues are a fee or charge that a person pays to  be a member of an organization or group. |
| Each teacher or school determines who collects  the dues. | One of the benefits of HOSA membership is making new friends. | One of the benefits of HOSA membership is the opportunity  to travel. |
| One of the benefits of HOSA membership is learning how to plan and carry out projects and goals | One of the benefits of HOSA membership is gaining public speaking skills. | One of the benefits of HOSA membership is the opportunity to win scholarships. |

# HOSA Human Scavenger Hunt

|  |  |  |
| --- | --- | --- |
| *How many International HOSA officers are there that serve on the HOSA Executive Council?* | *What is the name of the HOSA National*  *magazine?* | *Name one of the benefits of being an HOSA member.* |
| *How many HOSA chapters are there internationally?* | *Name another one of the benefits of being a member of HOSA.* | *How much do the national HOSA dues cost?* |
| *Name another benefit*  *of being a HOSA member.* | *How many HOSA chartered associations are there?* | *Explain what a “due” is.* |
| *Name another benefit*  *of being a HOSA member.* | *How much do the state HOSA dues cost?* | *Name another benefit*  *of being a HOSA member.* |